



September 5, 2019

September newsletter – Workshops on financial literacy and helping your community age well

Improve your financial literacy

The Ottawa Branch is repeating two successful financial literacy workshops from last spring. The only difference is that this time we can accommodate many more people. However, even with extra seats, we think that these free, 90-minute workshops will fill up quickly.

To register, click on the dates below.

Power of Attorney and Wills from RBC Dominion Securities
Participation in both official languages is encouraged.

[Oct. 2, 9:30 a.m - English workshop](#)

Tax Implications of Retiree Sources of Income from National Bank Financial

[Oct. 9, 9:30 a.m. - French workshop](#)

[Oct. 9, 1 p.m. - English workshop](#)

We are also piloting a new financial literacy workshop as you will see below. Click on the date to register. Seats for this free 90-minute workshop are limited.

Find your number – the dollar figure to support the retirement lifestyle you desire from Scotia Wealth Management

Participation in both official languages is encouraged.

[Oct. 16, 10:30 a.m. - English workshop](#)

Help your community age well – learn how to provide respite care

We are also repeating our successful **Neighbours Helping Neighbours** workshops based on the Victorian Order of Nurses (VON) program. Learn basic skills and knowledge to help you support those who provide care to aging family members, friends and neighbours.

Topics include: the role of family in caregiving, elder abuse, caregiver burnout and more. You can register for these free workshops, that run from 9:30 a.m. to 3 p.m., by calling Mary-Anne Zwicker at 613-737-2199.

Sept. 27 – English workshop

At Chartwell Bridlewood, 3998 Bridle Path Drive, South Keys

Oct. 17 – French workshop

At Chartwell Belcourt, 1344 Belcourt Boulevard, Orleans

Free parking, refreshments and lunch will be provided by Chartwell, but please do not contact Chartwell directly.

Branch advocacy activities

We know that our members are very interested in the meet and greet activities that we are scheduling with local candidates in the upcoming election. An email with all the details on how to register is coming soon.

Ottawa Branch disclaimer: *The Ottawa Branch provides information on issues, products and services of general interest to our membership. It does*

not endorse a particular position on a product or service, as being suitable for individual members, but brings them to the members' attention so that they can make up their own minds.

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