



National Association
of Federal Retirees Association nationale
des retraités fédéraux

OTTAWA

Spring Annual General Meeting – April 30, 2019

Ottawa Convention and Event Centre, 200 Coventry Road

8:00 a.m. – 1:00 p.m. – Room 118 C & D

Promoting good mental and physical health in retirement

AGENDA

- 8:00 a.m. **INFOMART** with exhibitors opens
- 9:00 a.m. Welcome from **Robert Giroux, Ottawa Branch President**
- Introduction of Board Members and Guests
 - Moment of silence for departed members
- 9:10 a.m. Remarks from **Sherry Romanado, M.P., Parliamentary Secretary to the Minister of Seniors**
- 9:20 a.m. Remarks from **Jean-Guy Soulière, National President**
- 9:30 a.m. Approval of AGM agenda and minutes of the May 1, 2018 AGM (**Robert Giroux**)
- 9:40 a.m. President's Report (**Robert Giroux**)
- 9:50 a.m. Treasurer's Report (**Harry Ruthnum**)
- Financial Results for the Year 2018 & Appointment of 2019 Auditor
 - Budget Forecast 2019 (for Information) & Vote on Reserve
- 10:00 a.m. Election of Directors (**Robert Giroux**)
- 10:05 a.m. **Volunteer of the Year Award**
- 10:10 a.m. Sponsor remarks: **Chartwell® Retirement Residences, Tracey Parslow**, Business Devel. Manager
- 10:15 a.m. Adjournment and Break to visit **INFOMART**
- 10:45 a.m. Keynote Speaker: **Dr. Andrew Frank** M.D. B.Sc.H. F.R.C.P.(C), Bruyère Memory Program – ***Dementia – The Future of Alzheimer's Disease***
- 11:30 a.m. **Dean Henderson**, Clinical Director, Dementia Society Ottawa & Renfrew County
Mind Your Brain Health and Caregiver Support
- 12:15 p.m. **INFOMART** Prize Draw(s)
- 1:00 p.m. **INFOMART** closes

Refreshments have been graciously sponsored by



Participation in both Official Languages is encouraged.

Full meeting documents are at: www.nafrottawa.com.