

Join our Seventy-Five ++ Volunteers

The Ottawa Branch of the National Association of Federal Retirees offers to its members, several opportunities to get involved as volunteers. If you are interested in joining our group, please:

- send an email to info@nafrottawa.com stating your name and phone number and areas of interest; or
- call Mary-Anne Zwicker at (613) 737-2199

We are currently looking for help in various areas as listed below. If interested, someone will get back to you to discuss your possible involvement.

- **COMMUNICATIONS** – editors, writers, translators, website support
- **MARKETING** – advice and social media expertise
- **AMBASSADORS** – to represent Ottawa Branch at events
- **FACILITATORS/TRAINERS** – for Neighbors Helping Neighbors Program
- **OFFICE VOLUNTEERS** – reception, telephone inquiries, data input
- **BOARD MEMBERS** – governance, committee work (see below)

□ **Advocacy Committee**

The Advocacy Committee mobilizes local members and undertakes activities that support the National Association of Federal Retirees efforts to protect the pension interests and benefits of federal retirees. This could mean, for example, attending the Town Hall meetings of local Members of Parliament to ask questions that raise the profile of the concerns of federal retirees.

□ **Membership and Services Committee**

The Membership and Services Committee seeks and implements ways to enhance the value of your membership in the National Association of Federal Retirees. It develops and oversees a range of services and discounts. Through our Fall and Spring Annual General Meetings, the Committee provides qualified speakers to address issues of importance to association members. It provides valuable information to members via the Branch website and e-mail messages. The Committee also promotes the recruitment of new members.

□ **Policy and Governance Committee**

The Policy and Governance Committee examines policy issues identified by its members, or referred by the Board, or other Branch committees. It develops required policies for Board approval. The Committee also recommends updates and changes to the Branch by-laws for Board and Member approval. It examines National Resolutions and proposed National bylaw changes to be presented at the Annual National Congress and makes recommendations to the Branch Board of Directors.

□ **Branch Community Liaison Committee**

The objectives of this Committee are to engage with local senior-oriented organizations which advocate health, pension and well-being issues for seniors and which are congruent with the objectives of the National Association of Federal Retirees.

□ **Bereavement Administrative Support Sub-Committee**

This group provides administrative support services to bereaved members handling the paper work of deceased relatives.

□ **Health Benefit Officers Sub-Committee**

This group is knowledgeable about the Public Service Health Care plan and Public Service Dental plan and provides information on plan coverage to members upon enquiry.