



AT YOUR SERVICE


We know navigating Canada's pension and health services can be daunting at the best of times — so we've put together this handy directory to assist you in getting the answers you need.

PUBLIC SERVICE PENSION OFFICE

Pension Centre:

 Public Works and Government Services Canada
Government of Canada Pension Centre – Mail Facility
P.O. Box 8000, Matane, QC G4W 4T6

 tpsgc-pwgsc.gc.ca

 Toll-free in Canada: 1-800-561-7930
Outside Canada and the United States: 506-533-5800


 pensioncentre.centredespensions@pwgsc-tpsgc.gc.ca


PSHCP and PDSP coverage eligibility


Only pension centres can determine if you are eligible for the PSHCP and PDSP benefits in retirement.



CANADIAN FORCES PENSION OFFICE

 Public Works and Government Services Canada
Specialized Services Division
1451 Coldrey Ave., Ottawa ON K1A 0S5


 forces.ca


 National Capital Region: 613-952-9933
Toll-free in Canada and the United States: 1-800-267-0351


 PensiondesForces.ForcesPension@tpsgc-pwgsc.gc.ca

Note: Contact information to change in summer 2016.

PENSIONERS SUBJECT TO THE JUDGES ACT


 Office of the Commissioner for Federal Judicial Affairs
99 Metcalfe Street, 8th Floor Ottawa, ON K1A 1E3

 fja-cmf.gc.ca


 National Capital Region: 613-995-5140
Toll-free from outside National Capital Region: 1-877-583-4242

 info@fja-cmf.gc.ca

RCMP PENSION OFFICE

 Public Works and Government Services Canada
Government of Canada Pension Centre – Mail Facility
PO Box 8500, Matane, QC G4W 0E2


 rcmp-grc.pension.gc.ca


 Toll-free in Canada and the United States: 1-855-502-7091
Outside Canada and the United States: 506-533-5800

Note: Public Services and Procurement Canada (formerly referred to as Public Works and Government Services Canada or the Department of Public Works and Government Services) is now providing administration services for RCMP Pension Plans as well as pensioner medical and dental insurance plans.

PUBLIC SERVICE HEALTH CARE PLAN (PSHCP)

For coverage and claims questions on the Public Service Health Care Plan call Sun Life.


 pshcp.ca
For appeals: pshcp.ca/appeals.aspx

 Toll free in Canada and the United States: 1-888-757-7427
 National Capital Region: 613-247-5100

PENSIONERS' DENTAL SERVICES PLAN (PDSP)


For coverage and claims questions on the Pensioners' Dental Services Plan call Sun Life.

 sunnet.sunlife.com/signin/csi/pdsp/e/home.wca

 Toll free in Canada and the United States: 1-888-757-7427
 National Capital Region: 613-247-5100

MEDOC TRAVEL INSURANCE

For coverage and claims questions on MEDOC travel insurance.

 Toll-free: 1-855-772-6675


PROFESSIONAL ASSOCIATIONS

We get a lot of inquiries asking for advice that is best left to those with specialized expertise. Here's a list of professional associations and government agencies to help you in your search for solutions.


CANADIAN BAR ASSOCIATION


For the public section and FAQs.

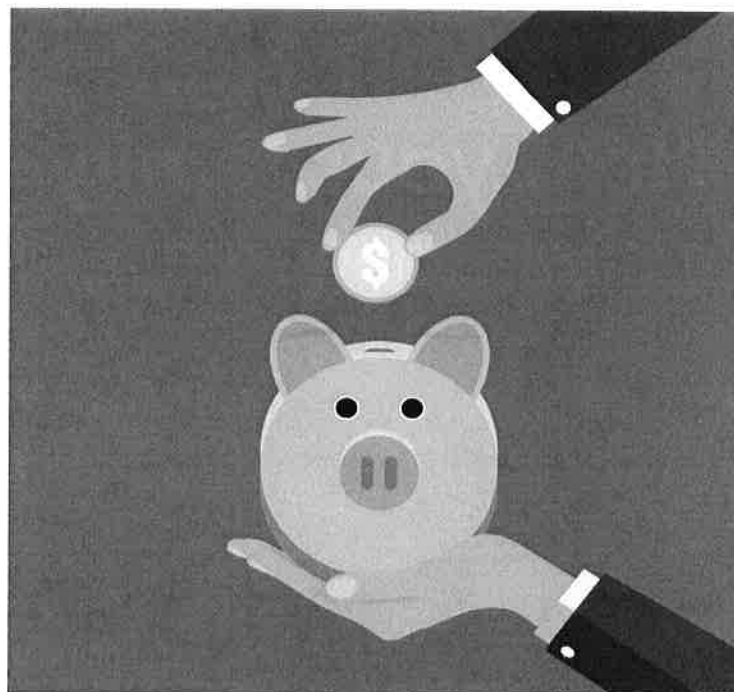
 cba.org  info@cba.org

 National Capital Region: 613-237-2925 or 613-237-1988
 Toll free: 1-800-267-8860

CANADIAN LIFE AND HEALTH INSURANCE ASSOCIATION

 clhia.ca

 Toronto: 416-777-2221 Ottawa: 613-230-0031
 Montreal: 514-845-9004

**FINANCIAL ADVISORS ASSOCIATION OF CANADA**

For retirement planning, estate planning, taxes, etc.

 ouradvisor.ca  Toll free: 1-800-563-5822

GOVERNMENT OF CANADA — SENIORS


Find information, services and support from the comfort of your home.

 seniors.gc.ca


REVENUE CANADA


 cra-arc.gc.ca

Individual income tax and trust enquiries

 Toll-free in Canada and the United States:
 1-800-959-8281

SERVICE CANADA/GENERAL PENSION INQUIRIES

 servicecanada.ca

 From Canada: 1-800-622-6232